

Table S1. Sex distribution among varsity sports

Sports type	All (n=144)	Males (n=86)	Females (n=58)
TF sports			
All	76 (52.8)	49 (57.0)	27 (46.6)
Track sprints	21 (14.6)	11 (12.8)	10 (17.2)
Track distance	21 (14.6)	15 (17.4)	6 (10.3)
Jump	16 (11.1)	10 (11.6)	6 (10.3)
Throw	13 (9.0)	8 (9.3)	5 (8.6)
Pentathlon	5 (3.5)	5 (5.8)	0 (0)
WC sports			
All	68 (47.2)	37 (43.0)	31 (53.4)
Weightlifting	11 (7.6)	5 (5.8)	6 (10.3)
Taekwondo	28 (19.4)	13 (15.1)	15 (25.9)
Judo	28 (19.4)	18 (20.9)	10 (17.2)
Wrestling	1 (0.7)	1 (1.2)	0 (0)

Values are presented as number (%).

TF, track-and-field; WC, weight-class.