

Table S3. Recommended energy and nutrient intake for patients with predialysis CKD (stages 3–5)

Energy/nutrient	Recommended level for CKD patients (stages 3–5)
Energy (kcal/kg/day)	30–35
Protein (g/kg/day)	0.6–0.8
Phosphorus (mg/day)	800–1,000
Sodium (mg/day)	1,840–2,300
Potassium (mmol/day)	<1 mmol/kg if elevated

CKD, chronic kidney disease.