

Table S6. Korean Dietary Reference Intakes (2020) for potassium [21]

Variable	Infant (mo)		Child (yr)		Male (yr)				Female (yr)			
	0–5	6–11	1–2	3–5	6–8	9–11	12–14	15–18	6–8	9–11	12–14	15–18
AI (mg/day)	400	700	1,900	2,400	2,900	3,400	3,500	3,500	2,900	3,400	3,500	3,500

AI, adequate intake.