

Table S4. Korean Dietary Reference Intakes (2020) for calcium [21]

Variable	Infant (mo)		Child (yr)		Male (yr)				Female (yr)			
	0–5	6–11	1–2	3–5	6–8	9–11	12–14	15–18	6–8	9–11	12–14	15–18
RI (mg/day)	-	-	500	600	700	800	1,000	900	700	800	900	800
AI (mg/day)	250	300	-	-	-	-	-	-	-	-	-	-

RI, recommended intake; AI, adequate intake.